Naughty Dog or Normal Dog?
Distance, duration, distraction — and more
Flyball’s homecoming comp
The five phases of training
Struggling to tire out your dog? Get smarter!
Annual Awards Presentation
Sunday 10 December 2017

5:30 pm  Welcome
5:45 pm  Dinner for all
6:30 pm  Presentation of Annual Awards
7:00 pm  Dessert for all
7:15 pm  Photos of award recipients

All Club members and their families are warmly invited to attend

Join your friends, class mates and instructors for a relaxing evening

Bring a picnic rug, folding chair and a secure stake or crate for your dog

★ Join the celebrations ★
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## Cover picture
Joan Skipper’s Scottish Terrier ‘Lochie’ decked out in his Christmas tartan and ready for the summer holidays
(Photograph: Bradley Cummings)

### It’s important to know:
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Dogs of the ACT Companion Dog Club
2018 Calendar

Available from
The Paws Shop
$15.00

Great Christmas Stocking Stuffer!
President’s Message

By Lesley Pothan

Well here we are the last issue of The Good Companion magazine for 2017! I hope you have enjoyed reading the magazine and keeping up to date with all the latest and greatest news throughout the year. It has been a busy and rewarding year and I hope that you have all enjoyed your time at the Club training, learning, playing or exercising your dog(s).

In addition to running lots of training classes during the year, the Club has hosted a number of highly successful Obedience trials, Rally-O trials, Agility trials, Flyball competitions and a Tracking trial—and supported local Dances With Dogs competitions. As well as competing on our home ground, lots of our members participated in events hosted elsewhere in the region. Congratulations to all competitors – your hard work has paid off with new titles, awards and the sheer enjoyment of participating in a sport you love. Well done to all the organisers and behind-the-scene helpers.

The enthusiasm of our instructors is amazing. How fabulous is it when a group of instructors get together to introduce a new sport into the Club? Thanks to Pauline Dikmans, Justin Allen and Rhonda Cameron for their initiative and for planning and piloting the new sport of K9 Disc in Term 4 on Sundays. K9 Disc will continue in 2018 so if you have some time on a Sunday you might want to give this one a go!

This year the Club introduced a new behaviour training syllabus for our new and beginner dogs. It has a strong emphasis on dog behaviour to help handlers better understand how their dogs learn so that they can develop a strong and happy relationship. The new syllabus has three levels – Level 1 Foundation, Level 2 Consolidation and Level 3 Graduation. Levels 1 and 2 teach the basic good manners that are required for all dog owners. Level 3 introduces the more technical skills relevant to dog sports. The use of stations (chairs and cones) has helped keep members and their dogs in position and not wandering into another dog’s space. Members are sitting down and learning how to settle their dogs. And dogs are learning to settle and stay calm in close proximity to other dogs and people which, of course, is excellent socialisation. How good is that!

(Continued next page)

Term Break

Classes end on Sunday 10 December

In 2018, Term 1 classes start on Wednesday 7 February, Thursday 8 February and Sunday 11 February

NOTE: If you are currently in Foundation, Consolidation and Graduation classes you MUST let your instructor know at the end of this term if you intend to continue training in Term 1 next year so we can assign you to a class.

Enjoy the school holidays!
President’s message … continued

Recently, along with two other senior Club instructors, I attended the Association of Pet Dog Trainers (APDT) national conference in Adelaide. Three and a half days of workshops with some amazing speakers such as Dr Rise Van Fleet, Dr Susan Friedman, Peta Clarke and Nic Bishop. Lots of information, learning and laughter. So inspired, can’t wait till the next one!

Following the success of the Club’s 2017 calendar we’ve decided to make the calendar an annual fund-raising activity! This year we raised almost $700 in raffle sales alone. Thirteen winners were drawn from the raffle and all winners have provided beautiful photos to brighten up each month of the calendar. The result is another wonderful calendar which is now on sale. We sold out last year so make sure you get in early to get your copy!

The grounds are looking good. The new watering system is working well and our grounds maintenance contractor, Complete Turf and Landscaping, are doing all that they can to keep the grounds in good condition.

Next year is the Club’s 60th anniversary! We are planning a number of events to celebrate such a huge milestone. Make sure you join in all the fun, activities and celebrations.

Our Annual Awards party will be held on Sunday 10 December. Come and help celebrate all our individual and group achievements throughout the year. Come and enjoy an evening of good food, good company and maybe raise a glass or two with friends in celebration. Please feel free to bring your dog. Catering will be provided for all.

Classes start again next February 2018 – we are already taking enrolments!

On behalf of the Club, I wish you all a safe and happy Christmas and a fabulous New Year.

Lesley

It’s been mighty damp for Thursday night training during Term 4—but instructors, handlers and dogs soldiered on.

Above: Claire wears her wellies—even though it is November!
Centre: Tenby accepts a slightly soggy treat
Right: Natasha and Chai only have eyes for each other despite the weather

(Photos: Anne Robertson)
This is the last issue of the magazine before we break for the summer holidays—and it is out in the nick of time! Check out the flyers for the Club’s Annual Awards (on Sunday 10 December) and the UpDog Challenge (on New Year’s Eve) so that you don’t miss out on the festive celebrations.

Oh, and remember to buy a copy of the limited edition ‘Dogs of the ACT Companion Dog Club’ calendar for 2018—it has all the key dates for classes and competitions at the Club during our 60th anniversary year. A bargain at $15.00 each. Head to the PAWS shop for your souvenir copy.

Of course, this issue of the magazine features some informative articles to help you become a better trainer … so your dog can become a better dog. The advice in these articles applies regardless of the activity you are involved with at the Club — Behaviour Training, Obedience Trialling, Rally-O, Flyball, Dances With Dogs, Agility, Tracking or K9 Disc. Have a read and put the principles into practice over the holidays so that you can wow your instructor and fellow class members with your new skills when training resumes in February.

Articles, suggestions, photos and illustrations for the magazine are always welcome. Email to contact@actcdc.org.au anytime. Did you know the magazine is available in full colour on the Club’s website? It can be downloaded in all its glory at www.actcdc.org.au/the-good-companion.html. Use Adobe Acrobat PDF viewer for best results. And remember, issues going back to 2014 are still available on the Club’s website.

See you in the New Year ...

Thank You

The Committee and Club members thank the following volunteer instructors for giving their time in Term Four (October-December 2017):

**Behaviour Training:** Di Adams, Gillian Atkin, Janne Blunden, Kerry Deans, Mary-Ann Fisher, Barbara Gough, Kath Hallam, Lynn Harden, Hilarie Kemp, Chris Lathbury, Mike Lynch, Rowan McKeever, Heather McPherson, Katrina Morton, Melinda Parrett, Lesley Pothan, Jane Richardson, Anne Robertson, Mike Slee, Linda Spinaze, Joyce Thompson, Cathy Vaughan, Jane Vickers, Juliet Ward, Claire Weekes, Chris Woodgate, Tricia Woodman

**Reserves:** Christina Erwin, Louise Raisin

**Flyball:** Justin Allen, Rachael Eggins

**Agility:** Di Adams, Amanda Delaney, Karen Edwards, Maureen Lewis, Wendy Hathaway, Simone Pensko, Lara Sedgmen, Linda Spinaze

**Rally-O:** Pamela Hunt, Wendy Hathaway

**Obedience Trialling:** Laraine Frawley, Fay Peters, Geoff Woodman

**DWD:** Jane Richardson

--- CDC Instructors ---

Serving the CDC canine community for almost 60 years!
About Our Club

The ACT Companion Dog Club (CDC), established in 1958 as the first dog training club in the ACT, has an average membership of around 800 each year. It is a non-profit organisation relying mostly on volunteers to run activities with some occasional grant assistance. About 80 instructors volunteer their time to conduct behaviour and dog sport classes in Obedience, Flyball, Agility, Dances With Dogs, Rally-O and K9 Disc from February to November each year. The Club also has an active Dogs-As-Therapy group that visits nursing homes with their dogs for the enjoyment of the residents.

While much of the work in maintaining and running the Club is undertaken on a volunteer basis we do have some paid help. We have a paid office manager and junior shop assistant and the mowing of the grounds is undertaken by a contractor. The Club caters for disabled access with paved paths, designated parking spaces and toilet facilities.

The aims and objectives of the Club are to:
- promote responsible dog ownership and the general welfare of dogs;
- teach members to train their dogs, of whatever breed, in dog obedience and other related canine skills, using motivational training methods;
- promote participation and training in a range of dog sports;
- promote and participate in dog training and other activities associated with dog training;
- support the rights of dog owners, provided that such ownership is conducted in a responsible manner;
- actively promote community interaction with dogs;
- provide facilities necessary or convenient for its activities;
- promote positive relationships between owners and dogs; and
- enhance the development of social skills of dogs.

Committees 2017-18

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<th>Position</th>
<th>Members</th>
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<tbody>
<tr>
<td>President</td>
<td>Lesley Pothan</td>
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<tr>
<td>Senior Vice-President</td>
<td>Anne Robertson</td>
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<td>Junior Vice-President</td>
<td>Heather McPherson</td>
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<td>Treasurer</td>
<td>Rowan McKeever</td>
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<td>Secretary</td>
<td>Hilarie Kemp</td>
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<td>Main Committee</td>
<td>Rhonda Cameron</td>
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<td>Members</td>
<td>Jeanette Johnson</td>
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<td>Rachel McKeever</td>
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<td>Kaitrina Morton</td>
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<td>Jane Richardson</td>
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<td>Linda Spinaze</td>
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<td>Justin Allen</td>
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<td>Training</td>
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<td>Obedience Trialling &amp; Rally-O</td>
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<td>Flyball Training &amp; Competition</td>
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<td>Agility Training &amp; Trialling</td>
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<td>Dances with Dogs</td>
<td><strong>Convener</strong></td>
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<td>Tracking</td>
<td>Jake Blight</td>
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<tr>
<td>Instructors’ Library</td>
<td>Karen Haines</td>
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<tr>
<td>PAWS Shop</td>
<td>Connor Bailey</td>
</tr>
<tr>
<td>Secom Security</td>
<td>1300 138 769 or 1300 360 535</td>
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Have a comment or idea you’d like to share? Email contact@actcdc.org.au
What’s Coming Up At Our Club?

Are classes held over December and January?

The Club’s regular training classes will finish on Sunday 10 December and start again in the week beginning 5 February 2018.

If you are in the Foundation, Consolidation and Graduation classes on Wednesday mornings, Thursday evenings or Sunday mornings you MUST inform your instructor at the end of this term if you intend to participate in classes in Term 1 next year or wish to defer for a term so that we can assign you a place. This is essential so that we can ensure we have enough instructors to meet demand.

Are any other Club activities on over the summer break?

Yes. Agility members training at Level 4 and above will be playing agility games on Tuesday evenings from 16 January. The Agility rings 1-3 will be used at these times. Rings 4-5 are generally reserved for obedience triallers for practice in the evenings over the summer break. Please keep an eye on the noticeboards and paddock gates for other planned activities.

Can I use the Club grounds over the holidays?

Yes. Financial members and their dogs may use the grounds for training and exercise at any time over the break. Please show courtesy to other Club members who may also be on the grounds, ensure that your dog does not pose a nuisance to others, observe Club etiquette for using the off-leash areas (see page 44) and always clean up after your dog.

NOTE: The Club grounds will be closed on 12-13 January for pest spraying and other maintenance. Notices will be posted.

How should I prepare for classes during summer?

Your instructor will try to find some shade or cover to hold your class, and may cut the class short if the weather is very hot. Please ensure you and your dog remain hydrated in the warmer weather (bring a water bowl for your dog and a bottle of water for yourself). Bring a hat and sunscreen to protect yourself from the sun, and insect repellent if you train in the evenings. We may cancel classes if the weather is extreme – please check the Club’s public Facebook page for the latest advice.

For safety reasons, thongs, scuffs or other unsecured footwear are not allowed in any training classes. Please wear enclosed shoes or sandals that can be securely fastened.

What events are coming up at the Club?

Our Christmas Party and Annual Awards will be held on Sunday 10 December—see the poster on page 2 for more information.

On New Year’s Eve 4 Paws Sports will host an UpDog Challenge on the Club grounds from 3.00-8.30pm. There’ll be BBQ food and drinks throughout the event and spectators are welcome to come along and watch talented dogs and their handlers play frisbee together. See the poster on page 10 for all the details.

As far as other competitions are concerned, things will be pretty quiet until the Rally Obedience trial on Saturday afternoon 20 January and the evening Agility trial on Saturday 3 February. Members are welcome to come and watch these events—but please leave your dog at home as access to off-leash exercise areas may be limited on these occasions.

The Rally Obedience and Agility trials are run under Australian National Kennel Council rules and enable members to compete for nationally recognised titles for their dogs (the equivalent of university degrees!).

Want to keep in touch with the latest activities at the Club?

Information is available from:
• our public Facebook page. You can see it without being a registered FB user - www.facebook.com/ACTCompanionDogClub
• our website - www.actcdc.org.au
• notice boards (inside and outside the clubhouse)
• your Instructors
• the Session Manager on the grounds Wednesday, Thursday and Sunday during Training Classes
• the Calendar on page 43
“Spinning Discs with a Midnight Kiss”

CDC UpDog Challenge competition hosted by

4 Paws Sports
NYE Sunday 31 December

Venue: at CDC Grounds
Start: 3:00pm
Finish: by 8:30pm

UpDog Games:
- Frizgility
- Time Warp
- 4 Way Play
- Freestyle Performance Round

Cost: $10.00 per game

Registration closes Sunday 24 December

Contact: Rodney Gooch 0411 486 649
Email: rodney@goochys.com.au

Come and see what K9 Disc is all about!

BBQ food and drinks will be available on the day

This event is being held on the club’s grounds
Come and have a look!
Naughty dog or normal dog?

By Anna Francesca Bradley

The following article appeared on the Pet Professional Guild’s blog on 24 August 2017. The author is a UK-based Provisional Clinical and Animal Behaviour and Training Council, Accredited Animal Behaviourist. See her website at www.perfectpawz.co.uk

I’ve lost count as to how many times I’ve heard that Fido is ‘really naughty,’ ‘he’s doing it deliberately,’ ‘he’s trying to spite me,’ or, if an owner has more than one dog, ‘they’re trying to gang up on me!’ But are these labels in any way helpful? Let’s consider this for a moment.

Ask yourself ‘Why?’ before reacting.

The number one point I would like all dog owners to consider when their dog is not responding in the way they would like their dog to respond is ask a simple question – why? Ask this question before reacting by ascribing labels to the dog (‘he’s dumb,’ ‘thick,’ ‘just a dog,’ ‘not as good as the previous dog,’ ‘carrying out traits characteristic of certain breed,’ etc.) or worse responding with punishment – think first.

Dogs do not plan to ruin our day!

Contrary to what may sometimes be thought, dogs do not lie in their baskets at night rubbing their paws with glee, planning to leap all over your house guest’s lovely new outfit at the following night’s dinner or ruin your brand new carpet you’ve been waiting for, for weeks. Yes, we all know that these things are infuriating, but ask yourself why did they happen, how could they have been prevented, what could have been done – before blaming the dog. Whilst dogs are undeniably intelligent and there is a lot of research being carried out currently to determine the extent of this intelligence, they lack the mental capacity for deliberate pre-planned delinquency.

So, if your dog is not responding as you’d hoped and you are asking why? What could be the reasons? Of course, they are multitudinous, but let’s have a look at some of the most common ones:

**Too many distractions**

Extremely common of course. If you’re asking your dog to come back to you in the house/garden, and he comes most of the time, then he doesn’t when he’s in the park/woods/beach – why? There’s simply too much competition for your attention. Remember that a dog is highly driven not only by the visuals but by audible and olfactory senses. Whilst you may not see distractions around you, your dog will hear, smell, taste a whole different world. Don’t get cross with him, understand that you need to drop the level of competing distraction for a little while and train at this level, get a good response, then increase the competition.

**Clarity of your cue**

What’s your cue? Many times, I will simply observe owners with their dogs for a good while prior to doing anything with them. If you and your family have different cue words, use variations of the cue or don’t have a cue at all (e.g. just use the dog’s name and expect him to return), herein lies the problem. Be consistent. If you use hand signals, be clear … do you struggle if people don’t speak clearly to you? It’s the same for your dog.

**Stress**

Many people don’t realise that their dog is stressed. I’m not going to list all the subtle and often overlooked symptoms of stress here (they can be easily found elsewhere), but pressurizing your dog, placing your dog in noisy/busy/populated contexts for the temperament of the individual, punishment etc. can all cause stress and suppress learning.

**Lack of understanding**

Does your dog simply not understand? Many dogs will engage in displacement behaviour when they simply don’t know what you’re asking them to do – this is then often termed ‘messing around’… fiddling around, scratching the ground, scratching a ‘non-itch’, shaking etc. Young dogs can become confused if you
Naughty dog or normal dog … continued

are unclear in presenting cues, mixing cues or become cross if the dog does not respond fast enough for instance. Give the dog time to think.

Blocking

Sometimes if you are teaching the dog a new behaviour straight after an old one, the memory of the old behaviour will block the learning of the new one and the dog may have difficulty performing as you’d hoped. Consider for example asking the dog to ‘finish’ to the right for a week or so – she performs it great. Now you want her to ‘finish’ to the left and she has trouble and goes to the right several times – she’s not stupid, but her primary learning interferes with the new learning – that’s all.

It’s normal – it’s you!

Taking the example above about the carpet and house guests. If you have an exuberant dog and she ingrains garden mud all over the new white carpet or bowls over the house guest at your dinner party – really you should keep each separate and begin behavioural training in response substitution techniques. Your dog is not doing anything wrong here but having a wild old time and enthusiastically greeting a new friend – she does not know you have a new carpet or that your house guest is in her finery, it is up to you to teach appropriate meetings.

Breed instinctive behaviour

There are a huge array of examples here. The most common I hear include rounding up and nipping of children and other animals in the household by Border Collies, chasing small pets by sight hounds, lack of poor recall due to intense scent drive in gundog breeds. Now these dogs are carrying out innate and instinctive behavioural drives – it’s normal but in some cases out of context and therefore does become inappropriate. In these cases we must improve enrichment and engage in behaviour modification techniques to ensure the issues become ‘human appropriate’.

Immediate lack of reward

I see this many times, particularly with owners who’ve selected food as a reinforcement. Due to an owner’s obvious desire to detach their dog from food treats, they will often move quickly from rewarding every response to not rewarding. This usually equals no response and a frustrated owner. The reason here is that the dog’s behaviour has been rewarded on a continuous schedule and now is no longer reinforced and has become extinct. In order to maintain a response, owners must gradually alter the schedule of reinforcement, rewarding every response, then every 2, 4, 6 for example then eventually phase out.*

So, as has been seen, there are multiple reasons why a dog may not respond as we hope. It is sometimes frustrating when this happens, but we must stop and think first before acting. This is not only of course much better for our relationship with our dog, but gives us a much greater insight into the workings of dog behaviour.

* But remember, the behaviour must continue to be reinforced in some way that the dog values—life rewards, play, petting, praise—so that it remains worthwhile for the dog to do. Ed.
The following article appeared in The Canberra Times on 11 November 2017. It is reproduced here for the information of Club members.

The ABC’s ‘War on Waste’ confused Canberra about what we do with our coffee cups

By Katie Burgess

Red bin or yellow bin?

ACT government officials say they’ve been inundated with that question from Canberra’s coffee lovers after the ABC’s War on Waste aired. The show claimed Australians sent 50,000 coffee cups to landfill every half-hour because they couldn’t be recycled.

But Actsmart senior manager Ros Malouf told an ACT parliamentary committee the program was wrong.

“Coffee cups are the question we get asked at every single event over and over and over. We’re happy to let people know to put them in the recycling,” Ms Malouf said during the annual reports hearing on Tuesday.

“War On Waste certainly had one view of recycling. The waste industry did a response to the War On Waste through their waste magazine which said that wasn’t 100 per cent correct which was a bit too late to stop some of those thoughts so we’re now actively letting people know … ‘put them in the recycling, it’s okay, we’ll sort it out at the other end’.”

Whether coffee cups are recyclable or not depends on what they are made from, how they are disposed and which facilities they are treated in. Most single use disposable cups are made from cardboard with a thin layer of plastic to make it waterproof. Ms Malouf said most disposable coffee cups used in the ACT were able to be recycled. “There are very few that are not recyclable so don’t try and work it out at your coffee shop,” she said.

There was one area she agreed with Craig Reucassel on - reusable cups were better.

“Either take a reusable cup is our first step and if you can’t, definitely make sure you put it in your recycling bin. We’ll sort it out for you,” Ms Malouf said.

A Transport Canberra and City Services spokesman said there was no data to accurately say how many disposable coffee cups were used in the ACT each year. However paper and cardboard bales made up about 48 per cent of the Materials Recovery Facility’s output. “The Materials Recovery Facility receives about 126,000 tonnes of recycling per year, with about 55,000 tonnes coming from business recycling, and the rest from residential/household collections. Coffee cups make up a small percentage of this stream,” he said.

(Continued next page)
Recycling ... continued

However because takeaway coffees are normally drunk in public places, he said they were often
disposed of in general waste bins and some ended up as litter. “Nearly 15 per cent of all litter items
counted in the ACT consisted of take away food packaging in 2016/2017,” he said. Coffee cups
were not the only product that presented a challenge for recycling facilities. “Complex mixed
material packaging along with poor labelling presents recycling challenges for many packaging
items, not just coffee cups,” he said.

Coffee pods and compostable bags

In October we installed new dog waste bag dispensers (right) around the grounds and switched from biodegradable polyethylene poo bags to starch-based compostable bags. We have chosen products that are certified compostable under European standard EN 13432, US Standard ASTM D6400 and Australian Standard AS4736-2006. According to the manufacturer, the compostable bags have a shelf (storage) life of two years and biodegradation will only be initiated in an appropriate compost environment in the presence of microorganisms, humidity and warmth.

We are also stocking compostable bags for sale in the PAWS Shop – so that you can make the switch as well.

In October we also started recycling the aluminium coffee pods and leftover coffee grounds generated in the PAWS shop.

We have engaged a local social enterprise – PodCycle – to collect the used coffee pods and to mechanically and/or manually separate them into their constituent parts. The metals are melted so they can be recycled, the organics (the coffee grounds) are composted, and the plastics undergo extrusion and pelletization so they can be moulded into new recycled plastic products.

Please contact Isobel at podcycle@bigpond.com if you know a business or organisation that could also use this service.

Above: Isobel from PodCycle delivers a collection bucket to PAWS Shop Manager Katrina Morton, while Hamish, the Golden Retriever, looks on approvingly (Photo: Marika Mueller)
TOP OF THE LAKE HOLIDAY UNITS
Pet-friendly self-contained 1 & 2 bedroom units

If you let them in at home - so do we!

Five minutes drive to Pambula and Merimbula and their magnificent beaches

Lake views and three acres to run and play and private enclosed courtyards

Top of the Lake Holiday Units
3013 Princes Highway, Millingandi
Merimbula NSW 2549

02 64956288

www.topofthelake.com.au
book@topofthelake.com.au
Is Your Membership Due?

You can renew online – how easy is that!

Go to the Club’s website at http://www.actcdc.org.au

2. Complete the form and send it back to the Club via e-mail
3. Then pay your fees online using direct credit facilities
   Bank BSB: 032 729
   Account: 235628
   Reference: Your surname and phone number

Make sure your reference will easily identify your payment
and don’t forget to keep your receipt.
You don’t even have to leave your house!

EFTPOS and PayWave facilities are available

Renew your membership at the Club Office
No minimum transaction (sorry, no cash out)

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**Fees** (from 1 October 2017)

<table>
<thead>
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<th>Service</th>
<th>Fee</th>
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<td>Joining Fee (household)</td>
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<tr>
<td>Annual Subscription (household)</td>
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<td>Behaviour Training</td>
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   • Tuesday-Friday 10:00am-2:00pm
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Is your dog’s Attendance Card

**WHITE**
If so, your Membership is due for renewal by the end of
NOVEMBER

Is your dog’s Attendance Card

**BLUE**
If so, your Membership is due for renewal by the end of
FEBRUARY
What a ‘Homecoming’

Saturday, 8th September was a Very Important Day for X-Factor Flyball as this date signalled our first home ground race meet since 2008: our ‘homecoming’ so to speak. Perfect Canberra spring weather, a beautifully laid out grounds, the smell of sizzling gourmet sausages and a plethora of barking, excited dogs welcomed competitors from Sydney and the local region. The race meet could only be described as a very pleasurable day with stress-free racing. Add to that the natural ambience of competitors spending time relaxing under the Home Paddock trees while waiting for their races ensured a good day was had by all.

Once again our race meet co-ordinator Justin Allen made sure all the boxes were ticked so that the whole race meet proceeded without any issues. Due to injury he managed this on a motorised scooter and crutches. Thanks should also go to catering guru Amelia Allen and her BBQ team (Russell and Monica Derrick) who provided excellent food, especially the beef and gravy rolls (yum!). Damon Muller kept the race meet in check as lead score keeper. Many others helped during set up, the race meet and the tear down (yep, that’s what we call it!) to ensure the event was appreciated by all participants and should guarantee another event next year to celebrate the Club’s 60th anniversary.

X-Factor’s homecoming team was spearheaded by Team Captain Rachael Eggins with Obi, Cathy Vaughan with Logan, Jess McNamara-Rice with Peanut, Pauline Dikmans with Ky, Kate Jarvis with Luka, and Rex from the Wollongong Woof Blasters racing as height dog.

A big thank you to our sponsors Kong, Greencross Veterinary Clinic Phillip, Flyball Etc and Pups4Fun.

Below: Damon running the races

Above: So, who’s working and who’s not?

Boston with his raffle prize
Flyball feats … continued

Goulburn race meet

On Sunday 15th October the Flyball dogs threw down the gauntlet to the rest of the dog sporting community and the phrase “eat my dust” has never been more appropriate. The heat (and dust) was on and in Goulburn at the inaugural Goulburn Dog Training Club’s Flyball race meet. A couple of CDC Flyball racers were up for the challenge, racing in the non-handicapped Open Division 1.

As CDC members they showed what Flyball is all about. We don’t know what time each dog ran ... or what the stats showed ... but what they achieved by the end of six races was a 1st place with 4 out of 6 wins. And they earned so much more than a blue ribbon in the process, it’s the combination of handlers and dogs all working together as a unit that is the core of what Flyball racing is all about. The racing display from each handler/dog team were well-drilled with lots of fun, laughs and plenty of skill combined with some very tidy racing. Well done to the father-son combination of Logan (handled by Cathy Vaughan) and Garth (handled by Amelia and Justin Allen).

Below: Logan and Garth racing at Goulburn—Logan performing a swimmer’s turn (top) and Garth performing a cross-over as he enters the lane.
Flyball feats … continued

All things flyball training

Like all dog training, Flyball training starts with a solid foundation of focus. Our Beginners intake in October 2017 saw our largest interest since we restructured classes and training in 2016. Our six week ‘Introduction to Flyball Foundations’ class aims to build the handler/dog relationship specifically for success in the flyball environment. We work on learning how to motivate our dogs so that we earn trust and belief from our four-footer companions, while they earn reward after reward after reward. It was great to see such a high level of enthusiasm and excitement from new handlers both at the lecture and in class. Welcome to the CDC X-Factor family and congratulations on beginning your Flyball career.

Our intermediate dogs and handlers continue to put in 100% during class which has elevated our Flyball participation rates and it feels like the Flyball resurgence is in full swing at the Club. Working through more advanced box turns and techniques, the flyball fitness is showing through with the dogs looking like Flyball racers during head-to-head recalls. It won’t be long before we see a few more handler/dog teams graduate into the racing squad.

Congratulations to Possum handled by Jill Bradfield, Mia handled by Nikki Fallon and Pippa handled by Vanessa March for graduating to the CDC X-Factor racing squad. All three handlers have been putting in extra training outside of class and the benefits of this are starting to show in the Flyball lanes. We look forward to seeing all dogs make their Flyball racing debuts in the future.

And, by the time you read this, the Belconnen Dog Obedience Club’s Sunset Santa Claws race meet on Saturday 2nd December will have seen the next generation of X-Factor handlers making their debut.

From big things … little things grow

Below: X-Factor team members Jess McNamara-Rice (left) and Cathy Vaughan (right) enjoy a chat at the Homecoming meet — with Hungarian Viszla ‘Risk’ enthusiastically joining in; and the newest member of the X-Factor team baby Ryland Jack McNamara-Rice who made his debut into the world five weeks after the meet.

Flyball photos courtesy of Rhonda Cameron, Justin Allen and Jess McNamara-Rice
Canine hydrotherapy involves the use of swimming and underwater treadmills to help dogs recover following surgery or injury, and for pets with more long term mobility problems.

Conditions we can treat with hydrotherapy at our facility include:

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Contact us to see how our qualified Hydrotherapist can work with your Vet to give your dog a healthier life!

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https://www.facebook.com/dogswimcanberra/
The five phases of training

By Leanne Smith

Leanne Smith is a member of the Training Sub-Committee, owner of two adolescent German Shepherds, and something of a training junkie!

Where are you at with each of the behaviours you’re working on with your dog?

We often make the statement ‘they know that!’ or, less often, ask the question ‘why isn’t he doing that?’ An understanding of the phases of training behaviour can help you figure out what is going on. If a behaviour isn’t happening as much as you’d like then go back through the stages and identify where in the training process you might have missed – or slid over – something that is now causing, or at least contributing to, the current ‘issue’. Understanding the phases can also help you avoid being in that situation in the first place.

The five phases are shown in this diagram (right).

Let’s take a look at each of these in turn.

The first phase is teaching the behaviour.

This is obviously where you teach the dog what it is that you are after. This ideally involves training in small steps towards your longer term goal. This is called component training. It means that instead of training a behaviour like loose-lead walking, heeling or even sit as a whole behaviour at the same time, you break the behaviour down into small parts, train each part thoroughly and then test the dog’s understanding of them before putting the parts together in a way that looks like the finished behaviour. The further you break down the behaviour and train each part effectively, the stronger the finished product will be. How far you break down the behaviour into its component parts is up to you. If you do teach the behaviour in large ‘chunks’ or all as one thing then this is known as ‘lumping’ and this makes tidying up small aspects of the behaviour harder if it starts to fall apart later.

The teaching phase is undertaken in a quiet and low stimulation environment so that the dog only has to focus on what you are trying to teach. Group classes are really not the place for teaching your dog anything, there is too much going on. But we can show you in class how to train the behaviour so that you can go home and practice effectively.

The ratio of reinforcement (reward) must be very high during this phase. If you aren’t able to reinforce behaviour multiple times within just a couple of minutes, then you should probably reassess your training. Are your expectations (criteria) too high? Have you broken down the behaviour into small enough pieces for your dog to be successful? If your reinforcement rate is too low then your dog will not progress, and you need to adjust your rate of reinforcement NOT blame the dog.
The five phases of training … continued

Beware the dangers of consistently using the same pattern, the same set up, or the same body language while you are teaching the behaviour. If your dog learns to do something only when you are standing a particular way, or only in a certain relationship to your body (say in front), then you will have to deliberately deal with this down the track – it is much easier to just stop it happening in the beginning.

The second phase is about establishing solid foundations for the behaviour.

During this phase of training you start to:
• introduce moderate distraction;
• allow a little bit of failure; and
• refine the behaviour by rewarding average performance or better (which will be addressed in another article). This means that you are now reinforcing on a variable schedule – reinforcing faster, stronger, harder, sharper behaviour.

The third phase is about challenging the dog’s understanding of the behaviour.

Work is done here on generalising the behaviour, increasing distractions, and increasing the duration and/or number of repetitions for each reward. This phase is expanded in the companion article in this issue of the magazine (see ‘Training with the D-Parameters’).

The fourth phase is about refining and polishing the behaviour to performance level.

At this stage each of the component parts are refined, on a variable schedule of reinforcement and truly under stimulus control (that is, on cue, and with both you and the dog very clear on what that cue is). Now you can start chaining various component parts of the behaviour together in different ways at different times, keeping reinforcement up for the behaviour that you want, but keeping things constantly changing so that you and your dog do not fall into a pattern, but rather keep it all a game and a challenge.

The fifth phase is about maintaining the behaviour.

Remember, if a behaviour isn’t paid in some way (either by you or is intrinsically rewarding to the dog) then it will reduce in both frequency and strength until it eventually stops happening. So make sure that you go back and occasionally—if not regularly—practice and reward behaviours that you believe your dog knows so that they remain rewarding for the dog and therefore more likely to occur to a level you are happy with.
Training with the D-Parameters
Distraction, Duration, Distance and now ... 

By Leanne Smith

Those who have been around dog training for a while will be familiar with the 3 D’s that you have to consider when training your dog - distraction, duration and distance.

Well now it appears that there is at least one new D that has been recognised, and I’d like to propose two more. Let’s take a look at the 4 D’s of dog training and what they mean for how you might train and strengthen any behaviour:

**Distraction**

It is recommended to train new behaviours in a known and calm environment, one where the dog is comfortable and most able to learn. That means that we then need to introduce distractions so that the dog learns that they should continue doing what you’ve asked until told otherwise (ie released or given another cue). You should do this slowly. For instance, if you’re teaching your dog to sit then distractions could include you tapping your toes for a second, wiggling a foot, stretching, having another dog walk past (at a distance), a magpie landing nearby, a car backfiring etc. You can’t control all distractions but you need to do your best to ensure that your dog has the best chance to maintain the behaviour you want (even for a millisecond) and then get in and mark and reward it. If, however, your dog gets a bit of a shock or a scare then forget training the behaviour and get in there with a party of high value treats and games and anything else that your dog can then associate with that distraction so that it doesn’t seem so scary next time (warning though – some dogs might find your party more scary than the distraction so be sure to consider your dog and its personality and needs).

Remember to think about visual, auditory, tactile (touch – including the feel of different surfaces under your dogs feet), scent and movement as distracters for your dog. Which ones do you need to work on to improve reliability of performance?

**Duration**

Duration usually refers to the amount of time that you want your dog to remain in a position like sit, down, stand, ‘on your mat’, or how long you want the dog to continue doing something like holding something in their mouth. It can also refer to loose-leash walking or heeling – in relation to how long your dog can maintain position (usually counted in steps though rather than seconds). The same principles apply.

You need to work on building this up incrementally by slowly extending the amount of time between the dog getting into position and you providing the reward. It can go something like this: cue (or lure) – behaviour – wait 1 - mark – deliver reward. Start with just a second and build up over time (no pun intended!). It’s a good idea though to bounce back and forwards so if your dog can do a 30 second sit don’t push for 40 then 50 then 60 and so on. Instead go something like 20 – 30 – 20 – 35 – 30 – 20 – 40 (but don’t get so carried away you work too intensely on this behaviour and the dog gets bored or fails).

It can be difficult for a dog to know when a behaviour has finished unless you use a ‘finish cue’ to tell them that they are released from what they are doing. You don’t need the finish cue if you are going to cue another behaviour, but if you’re releasing the dog to do what it wants, even for a few seconds, then a finish cue makes for clarity for you both. A finish cue might be ‘all done’, ‘ok’, ‘free’, ‘away’ etc.

**Distance**

Distance is important for some behaviours
Training with the D-Parameters ... continued

and here we are talking about either the distance your dog is away from you when you cue them to do something and/or the distance you can move away from your dog if you’ve asked it to perform a behaviour (sit, stand, down, relax, tie up, etc).

Just like the other D parameters you need to work on this slowly – in fact, incredibly slowly at times. Build up distance bit by bit and, a lot like with the duration, don’t just keep building on the distance sequentially; instead bounce back and forwards so your dog doesn’t know when you’ll stop.

And now ... introducing ... (drum roll please)...

**Diversity**

Diversity is a newly defined parameter that I came across reading behaviourologist James O’Heare’s new book Training dogs. A dog-owner’s guide to the science of behaviour and non-coercive dog training (2017). He credits South Australian behavioural trainer Debra Millikan with suggesting this parameter.

Diversity is about training a behaviour in a range of different environments to help the dog generalise that, say, ‘sit’ means ‘sit’ at home, in the car, at the beach, at the park, at the vets, at the shops ... As your dog might say: “Oh you mean ‘sit’ means ‘sit’ anywhere and anytime you ask? Got it!” This is part of the reason that handlers in the Club’s new Foundation and Consolidation classes are asked to complete self-assessments of their dogs responses in a variety of regular everyday situations building from inside the house to known and then new environments. It reflects the reality of what you need a companion dog to be able to do to be welcome in society.

Coming across the new D parameter got me thinking and I’d suggest that for some behaviours you also need to work on a couple more D’s!

**Direction**

I’m not 100% happy with the term ‘direction’ but it’s the best I could come up with for the moment (alternative suggestions are gratefully received).

Here’s what I mean by the term. Direction is about a couple of things:

- where the dog is in relation to you (facing towards you, running away, at heel position ...)
- where you are in relation to the dog (standing, sitting, lying, running towards, running away, back towards ...)
- where the dog is in relation to objects you want them to jump, pick up, stand or sit on etc.

Avoid training your dog in one position (say, to sit in front of you and with you standing looking at it) the same way over and over. If you do this then this is what the ‘cue’ and the behaviour becomes to your dog (regardless of whether you think this is the cue you are teaching!). Change anything and it really does mean your dog probably hasn’t got a clue what you want it to do. So change these things around as you train and help your dog understand better that the behaviour you want is not related to where they are or where you are in space or in relation to each other. You can think of a clock face and work your dog around the clock so if you are teaching your dog to retrieve something you can throw the object out at 12 o’clock (straight in front of you) but also 2 o’clock, 3 o’clock, 9 o’clock etc so that the dog learns that retrieve is not just out in one direction but means go get the thing wherever it lands. The same principle applies with entry to weave poles for agility or sits, downs or recalls where the dog is not right beside you or straight out in front.

**Discrimination**

If you want to go on and compete in dog sports with your dog or you are after highly reliable behaviour then
you might also want to work on discrimination of the cue from other factors.

Do you and your dog really agree on what the cue for the behaviour you want is? You might think so. It might even look like it to others, but here are a few tests:

- If you say the cue without moving your body in any way (but without freezing and looking like a scary monster) does your dog respond? If so, have a party! If not, perhaps your dog doesn’t understand your verbal cue (or only in association with other body language which is not really what you want if you want a reliable verbal cue on a behaviour).

- If you again stand naturally and without moving any other part of your body other than what is required for your physical cue (eg hand raised to elbow height for sit) does your dog respond? Again, if so have another party! If not, then videotape yourself when you’re using this cue in your normal training sessions and then take a look at what other body language might be happening – head nods, body leans etc are all common. Not a problem in everyday life most of the time but if you need a reliable cue then it should be the same every time and the dog and you should agree on what it is. He will tell you through his response.

- If you lie down, crawl around, sit, lie on the couch, turn your body sideways to your dog or have your back to it and give the cue does it respond? Quite possibly not, because we don’t often train and practice the cue (once reasonably reliable) in these strange positions yet we still expect the dog to understand them!

- Remember also that many physical cues look different when your dog is seeing it from different locations such as beside you or in front. Take the time to train your dog that the cue means the same no matter where they are and this means teaching them what the cue looks like from a number of different angles and perspectives.

- For those that really get hooked you can teach your dog that only that word or sound is the cue and that other words and sounds that are like it but not the same do not get paid. Now that’s real discrimination!

Tips and tricks

The D-Parameters help you break down your training into smaller components and helps you make sure that each is reliable before you add them all together into a finished and polished behaviour. You are working to reduce the level of difficulty of a behaviour to a point where your dog is going to succeed (and therefore so are you!). You only increase difficulty at a pace that keeps you both succeeding rather than one which throws your dog into the deep end of the pool and expects them to recite Shakespeare while swimming.

Here are a few tips and tricks to help you put the D-Parameters into practice in your training:

- Train each parameter one at a time, starting with the smallest expectation (a second of duration or one step of loose leash walking for instance) and gradually working towards your ultimate goal (eg three minute down stay, one block of loose leash walking etc).

- When you’ve achieved the level of performance that you want for one parameter then relax that one and start working on the next. So if you have a three minute down stay in your kitchen and you now want to add distraction of some kind then you dial down on the duration (even maybe back to just a couple of seconds) while you work on increasing the dog’s ability to lie down and stay for just seconds with increasing distraction.

- When you have the second (or third) parameter at the level you want then you can start adding them together asking your dog for duration under distraction but remember to still dial back on your expectations and then work quickly to bring the performance back up to the level you want.

- Lower the level of distraction to make it easier to work on increasing distance or duration.

- If the distraction level rises (either because you are working on increasing it or due to the environment) then increase your rate of reinforcement to keep your dog’s head in the game (and remember to end the behaviour before your dog fails if you can).

- Keep training sessions short and fun. Five minutes is plenty.
Most of us feed commercial dry food, it’s easy. At the same time we’re conscious that it’s full of grains, highly processed and cooked at extremely high temperatures. Vitamins and enzymes are destroyed by the heat, and preservatives are used to increase shelf life.

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We have a popular trial pack for $39 (inc. free delivery) with over 6kg of goodies to try! Our full range consists of:

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What our customers are saying:

“Way cheaper than the premium canned food! Communication is great and my dogs love it! The trial pack will last me weeks and I feel so much better that my dogs are being fed healthy....”

“Super quick service with free delivery on a big order. Straight to the door is so easy especially with the huge volumes our babies go through!”

“Ordered the trial pack and my dogs loved the food especially the wide range. Have already placed, and had filled, my second order. Will definitely be the only food my guys get from now on. Well done guys.”

“Awesome quality, quickest delivery and great value for money! One happy customer! (And one spoilt dog)”

“Got my trial pack yesterday and have three very happy labradors. What great value and look super delicious. Came very quickly too. Thanks Dogfoodz Canberra. Love”
The tracking season is now well behind us and we are into the snake season. But this does not mean there is nothing tracking-related that you can do with your tracking dog (or potential tracking dog) over the summer. Here are a few ideas.

**Sit in the shade with a nice cool drink** ... and a tracking book. Ok, so this one is more for the handler than the dog – but making sure you understand the theory of tracking so you know as much as possible before you start asking your dog to track is really important. See the reading list at the end of this article for some ideas.

**Teach article indication.** Ideally your dog will give a very obvious signal when it gets to an article (usually a sock) on the track. If you have an obsessive retriever you can probably rely on them picking it up and you don’t need to train anything else (certain Golden Retrievers come to mind). For most dogs however a sit or a down will work best. These are nice and clear to the handler and judge. Barking or bowing is also acceptable. A stand is not a great signal as when you are 10 metres away on the end of the lead it is not easy to tell if your dog is standing next to an article or standing next to a rabbit hole or simply standing looking around ... and even harder for the judge who will be 30-40 metres away to tell.

Whatever indicator you choose it is easy to train it away from tracks. I used a clicker and a sock to teach my Border Collie Sonic to sit with one foot on the sock. You don’t want to use any cue other than the presence of the sock as the dog needs to self-imitate the behaviour. Once Sonic was reliably sitting on every sock she saw and getting rewarded for it, it was a simple job to add socks on the practice tracks and reward her for sitting on them. Teach this like any other clicker game by shaping the behaviour. If you have not started tracking yet it does not matter – it would be even better for your dog to know what to do with articles before it ever has to deal with one on a track.

**Build physical and mental stamina.** Your dog needs to be quite fit to manage longer tracks. Summer is a good time to build fitness with swimming and long walks. Dogs also need mental stamina so doing some obedience training to extend their concentration span is a good thing.

**Play hide and seek games.** Playing hide and seek with your dog is a great way to encourage it to use its nose. Hide a favourite toy around the house or yard then send them to look for it. Make the game really easy to start with and gradually find harder hiding spots that will really challenge your dog. You don’t need to add a specific cue to this behaviour but if you want to then use something different to the cue you use for searching for ground scent as this is primarily an air scenting game.

**Teach scent discrimination.** Teaching your dog to find a particular scent is a good extension of hide and seek. I use pairs of rolled-up face washers that are stored in zip-lock bags with a distinctive scent. For example, my collection includes lavender, rosemary, cologne, matches, coffee and various essential oils. Teach the dog to find a cloth with one scent (eg lavender) then teach them to find a different one (eg coffee). Then go back to the first scent and before you
Tracking ... continued

send them to look for the cloth let them sniff the other one of the matching pair with the same scent on it. They will soon pick up the idea that the game is to match the cloth you are holding with the paired cloth that is hidden somewhere in the room, house or yard.

Once they are reliably playing the game with three or four known scents you can even introduce completely new scents so that the first time they smell that scent is when you let them sniff one cloth before they race off to look for its pair. To get really advanced use different people as the target scent - a good party trick!

Reading list

- Glenn Johnson’s Tracking dog: Theory and methods (Fifth edition, 2003). This is regarded as the ‘classic’ text. It was first published in 1975 and contains some ideas that have now lost favour such as ‘scent pads’ at the start and double or even triple laying parts of tracks. My suggestion would be to just ignore the ‘scent pad’ and double/triple lay bits and follow the rest. It contains a step by step week-by-week training program. My first two tracking dogs were trained using this book.

- Lorrie Wnuk’s In search of scent: Basic K9 scent theory training (2010). This is not a ‘how to’ book but it contains some useful information about what scent is and how it spreads around. This is certainly not an essential book but if you are the type of person who likes to know the theory and understand how something works then you might find this an interesting book (it is quite short).

- Lue Button’s Practical scent dog training (1990). This book has a fair bit of scent theory at the start and then suggested lesson plans for teaching different types of scent work including tracking, air scenting and disaster area searches which is quite interesting.

WHAT TO DO

If you see a snake tell other members on the grounds at the same time where you saw it and report the sighting (including the time and location) to the Club office, email contact@actcdc.org.au

This will help us assess whether we need to take any other action.

Remember snakes are protected by law in the ACT.

Hello all agiliteers and other interested folk.

As the agility year approaches its end, we are all looking forward to the Christmas holiday break to re-charge our batteries. Our year is always full of activities and organising, from managing the 5-6 agility classes per week, to running frequent trials and the occasional workshop.

Our recent workshop with Maria Thiry was a great success, with many Club members and members from other clubs benefitting from Maria’s expertise and enjoying the challenges that she set us. Her presentation on Friday night on dog fitness gave us all a good understanding on how to improve and keep our dogs fit. Maria gave us about ten exercises to do on soft, high or inclined surfaces, aimed at increasing the core strength of our dogs.

The following two days were spent in the Agility ring, where Maria set up a course, broke it up into smaller segments for individual practice, and then handlers had to run the full course incorporating the new handling techniques. The tricky techniques included the Approach Front Cross, Landing-side Front Cross, Push-to-back Serpentine, K-turns and other handling techniques without names!

One of the useful suggestions Maria made that is easy to describe and practice is a tunnel cue. This cue is said before the dog enters the tunnel to indicate how tight the turn out of the tunnel needs to be. Maria uses a “tight, tight” cue to indicate that she expects her dog to exit the tunnel and immediately “wrap” back beside the tunnel. She uses different cues before the dog enters the tunnel to indicate whether she wants her dog to go straight ahead or to perform a “soft” turn.

I think everyone enjoyed the weekend, and I could see an improvement in all the dogs performances by Sunday afternoon. Maria also runs courses on-line, so many handlers are continuing their training through this avenue.

Our last trial for the year on the Club grounds will be our evening Ribbon Trial on Tuesday 5th December, starting at 6.30pm. This will be a Gamblers course, so should be lots of fun.

The Agility Sub-Committee wishes all agility folk (and their dogs) a healthy and restful holiday, and we look forward to resuming our training in 2018.
Would you like to advertise in the Club’s magazine? We distribute about 350 copies of the magazine to members four times a year and you can access all issues on our website - it’s a great way to get your name out there. Advertising for the first issue for 2018 is due by the end of January. Current advertising rates are:

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<td>No Yearly rate</td>
</tr>
</tbody>
</table>

Email contact@actcdc.org.au if you would like to advertise.
Getting the balance right

Often when we are frustrated or annoyed by our dog’s behaviour we resort to providing physical exercise—thinking that this will solve the problem. But does it?

Internationally respected trainer and author Suzanne Clothier offers her views below.

More exercise becomes a catch-22 as the dog becomes more fit, and can handle—and may need—more exercise. This is why we join gyms, right? Instead of the more exercise recommendation, think of appropriate stimulation through varied experiences. More complex, to be sure, but the real results in dog training and our relationships with dogs come from complexity, not simplistic answers.

One fine winter when our snowfall for the year approached 20 feet, we took to throwing Kongs into deeper snow to tire our eleven dogs out sooner. That worked fine, for a little while. By the end of the winter, they were as fit as Olympic athletes, which was alarming since they started out very fit to begin with!

People mistake exercise for appropriate stimulation. It is not. I would aim for fitting in many short sessions of stimulation – physical exercise, learning, problem solving, training activities, going for car rides, walks in new places etc.

Using the dog’s nose is super tiring, as the dog is either breathing or sorting scent. It is a one or the other, not both happening together. Try it yourself: right now, sniff the back of your hand. What does it smell like? Keep sniffing and sniffing and sniffing and sniffing ... till you must breathe.

Round robin recalls, hide and seek, activity mats, snuffle mats - easy, fun.

One interesting exercise is to have owners fill in a one-day time sheet. Start at their awakening hour, and provide a line every 15 minutes until their bed time. On every line, the owner must write down what the dog was doing. Simple descriptions will do — i.e., “WALK” or “CRATED” or "PLAYING WITH US". No using “ditto” marks when the same thing is happening 15 minutes later. It is sobering to people to have to write CRATED over and over and over and over. Can be a nice gentle wake-up call that lays out clearly what the dog's day was really like.

Finally, I used to tell my students to give their dog the TV test: at night. After all are fed and settled, can you sit down and watch TV and not have your dog interrupting you? If so, probably enough stimulation. If you never find out who the murderer really was because your dog blocked your view of the TV, maybe more [appropriate] stimulation is needed!

See Suzanne Clothier, Relationship Centered Training at www.suzanneclothier.com

Getting the balance right

Above: Kong, trampoline, sunny day — happy dog
(Photo: Anne Robertson)
HELP US RECYCLE

We’re working with the ACT Government’s ACTSmart Business Recycling Program to improve waste management at the club. Please help by using the right bin for the right purpose.

Use the **YELLOW** bin for **RECYCLING**

- Used coffee cups
- Cans (steel and aluminium)
- Milk and juice cartons
- Rigid plastics
- Bottles
- Paper (including used plates)
- Glass
- Cardboard

Use the **RED** or **METAL** bins for

- POO BAGS 😊
- Soft plastics
- Sweet wrappers
- Other waste for landfill
Do you have a photo you’d like to share with other members through The Good Companion?
Send to: contact@actcdc.org.au

Office Manager Marika Mueller’s Labrador Retriever ‘Banjo’ practices his ‘On the mat’ behaviour in the Club office. Banjo performs an important role modelling appropriate behaviour for visitors to the Club. Good dog!
(Photo: Anne Robertson)

SMILE — YOU’RE ON CCTV
The Club’s buildings and grounds are under constant video camera surveillance to provide better security and safety for members.
Results from the Rally-O Trial — 14 October 2017 (AM)

Rally Advanced B - Judge: Ms Tracy Geary (NSW)
1st O Ch Springloded Mirk UD JD RE HSAs HSBs - Border Collie - Miss Alison McCann 93
2nd Beljekali Jordie (AI) CD RE - Belgian Sheherd Tervuren - Miss LK Christison 83

Rally Excellent A - Judge: Ms Tracy Geary (NSW)
1st Wameika Quite TheStorm RA JC - Brittany - Mr R Keeble 93
2nd Ch Caerhays Glen Bronte RA GD JD Golden Retriever - G & Dr P Woodman 85
3rd Mahteek Lady Mishka CD RA - Australian Shepherd - Mrs V Hunter 80

Rally Excellent B - Judge: Ms Tracy Geary (NSW)
1st Beljekali Jordie (AI) CD RE - Belgian Shepherd Tervuren - Miss LK Christison 94
2nd Jamie CD RE - Associate - Kay Malone 92
3rd Beljekali Kwintessence CD RE - Belgian Shepherd Groenendal - Miss H Christison 86
Other passes - O Ch Springloded Mirk UD JD RE HSAs HSBs Border Collie Miss Alison McCann 82

Rally Masters - Judge: Ms Tracy Geary (NSW)
1st Sam ADX ADO JDX GDX SDX SPDX RAE - Associate - Pamela Hunt 94
2nd Deena UDX RM AD JD - Associate - Marina Pitsonis 88
3rd Peerieleee Sonja Henie CDX RM - Shetland Sheepdog - L Watcham 87
4th Leanr My Bonnie Bell CD RA - Golden Retriever - Mrs Danute Hutton 85

Rally Novice - Judge: Ms Tracy Geary (NSW)
1st Giday Canberra Koala - Standard Poodle - Helen Migus 94
2nd Noonbarra Rocket CDX - Australian Kelpie - Sue Howie 92
3rd Tank - Associate - Dianne Gallasch 91

Results from the Rally-O Trial — 14 October 2017 (PM)

Rally Advanced A - Judge: Ms Elaine Temby (ACT)
1st Beckview Jaspas Brush RN - Shetland Sheepdog - Ms H Rand 93
2nd Eltrym Sunset Gold CCD RN - Australian Cattle Dog - Fay Grunsell 83

Rally Advanced B - Judge: Ms Elaine Temby (ACT)
1st O Ch Springloded Mirk UD JD RE HSAs HSBs - Border Collie - Miss Alison McCann 90
2nd Rustufarion Merlins Star CCD RE - Hungarian Puli - Jill Medveczky 88
3rd Beljekali Kwintessence CD RE - Belgian Shepherd Groenendal - Miss H Christison 88
Other passes - Beljekali Jorde (AI) CD RE - Belgian Shepherd Tervuren - Miss LK Christison - 87

Rally Excellent A - Judge: Ms Elaine Temby (ACT)
1st Wameika Quite TheStorm RA JC - Brittany - Mr R Keeble 94
2nd Ch Caerhays Glen Bronte RA GD JD - Golden Retriever - G & Dr P Woodman 90
3rd Mahteek Lady Mishka CD RA - Australian Shepherd - Mrs V Hunter 85
Other passes - Wiggles RA AD JDX SPD GD - Associate - Mr Graeme Fennamore 83
The effects of using aversive training methods in dogs Dog training methods involve either pleasant or unpleasant methods of encouraging behavioural change in the dog. Pleasant methods include rewards-based training, while unpleasant methods involve punishment or negative reinforcement, where performing the correct behaviour results in an unpleasant stimulus being removed. The author argues that for negative reinforcement to occur, an unpleasant stimulus must first be applied to the dog, and thus negative reinforcement also involves an element of punishment as well. This article reviews the impacts of different training methods on the behaviour and welfare of dogs, and the implications for dog welfare.

Research comparing different training methods consistently found that using training methods based on punishment and negative reinforcement were related to higher incidences of behaviour problems, aggression and fear in dogs. One study found that aversive training techniques were also associated with higher levels of dog-to-dog aggression. Importantly, there was no evidence that aversive training methods were any more effective than reward-based training. The use of electric-shock collars was also reviewed, with almost all studies showing that various types of shock collars pose risks to dog welfare. One study showed that dogs began to associate the shocks with the presence of the handler, and showed signs of stress during non-training activities.

In conclusion, the authors expressed concern for the welfare of dogs trained using aversive training methods, particularly when being trained by non-professionals who may implement the unpleasant stimuli inconsistently, or with excessive force. Aversive training methods were not shown to be any more effective than rewards-based, and in 3 studies were actually shown to be less effective. The authors also expressed concern about the impact that chronic stress due to aversive training methods may have on the physical health of the dogs. It is recommended that the dog-training community embrace reward-based training and avoid as much as possible training methods that include aversion.


Abstract from RSPCA Australia Science Update Issue 58 October 2017
Term Three Results

Note: Please notify the Office if you have been promoted and your name does not appear below so that we can acknowledge your success in the next issue. Results are based on available documentation.

Foundation to Consolidation

Adam Williams and Ellie Job & Poppy
Alicia Roff & Tapio
Alison Aust & Scooby
Amanda Laverie & Buddy
Andrea McCuaig & Lucy
Bronwyn King & Sally
Carol Gisz & Milo
Caroline Stark & Tilly
Casey Edwards & Luna
Cathy Vaughan & Austin
Chantal Gretilman & Grizzly
Chris Byrne & Marcus
Danny Warring & Sapphire
Dharma Harry & Daisy
Di Lopaten & Bindi
Diane Norman & Sebastian
Dominique Oriel & Bolli
Don Hamer & Dave
Donna Cameron & Honey
Edgar and Eva Medcalf & Kasper
Elizabeth Yoo & Nova
Emma Cook & Oscar
Emma Keightley & Juno
Francesca Wollaston & Pepper
George Paras & Abby
Georgia Baade & Frankie
Heather Mortlock & Milo
Helen Clarke & Coco
Helen Nourse & Toby
Ian Knight & Sascha
Jane Richardson & Roscoe
Janet Mathewson & Alba
John Carroll & Sylvia
John Morgan & Keira
Julia Ballat & Skylar
Julie Whitmore & Bea
Justine Harry & Buddy
Karen Flegg & Ari
Kate Makin & Patrick
Kathy Hansen & Griffin
Khia Atkins & Henna
Larissa Toozoff & Hilde
Laura MacLennan and Zac Brandon & Amie
Lauren Cross & Max
Lawrence Loh & Ruby
Leanne Smith & Kai
Leigh Nind & Diamond
Linda Newbery & Simba
Luke Hall & Lolly
Maggie Tran & Eva
Margot McKenna & Rosie
Mathew Kirk & Simba
Matthew Maddigan & Anouk
Natasha Wood & Daisy
Nicholas Sofiadis & Percy
Nicole McCosker & Betty
Oliver Caddick & Ali

Patsy Morgan & Bowie
Penelope Judd & Juno
Peter Mars & Lucky
Rachel McKeever & Pilot
Rachel Storey & Ginny
Sabina Stellmaker & Sebastian
Samuel Robinson & Leo
Sarah Anning & Woody
Shannon O’Heir & Wagons
Sharon Ryan & Jessie
Simone Bartram & Romeo
Sue Campbell & Andre
Sue Hall & Molly
Tammy Madders & Loki
Terri Giurelti & Apache
Vanessa Challis & Beni
Wendy Lorenz & Yuki
Wendy Townsend & Pepper

Foundation to Advanced

Patricia Thompson & Kona

Consolidation to Graduation

Amber Beavis and Tom Sapienza & Ruby
Andrea Thom & Banjo
Bethany Hender & Leia
Brigid Goss & Daisy
Catherine Huntley & Dash
Graham and Laura Logan & Eddie
Helen McMurtrie & Bonnie
Helmut Siegmund & Ruby
Jill Matthews & Jago
Joy McCann & Mallee
Karen Kelly & Noski
Kathleen McGovern & Indi
Leslie Roberts & Bean
Martin Barnier & Tigger
Martine Pekarsky & Ember
Morven Dyer & Pandora
Phillip Noble & Maggie
Rick Hindmarsh & Taji
Roger Smith & Beau
Simone Whitehead & Mabel
Sioux Monk & Gadget
Spencer Redfern and Heather Cook & Max
Sue Tully & Jimmy
Will Taylor & Sam

Consolidation to Graduation

Nil passes

Advanced to Transition

David Blencowe & Vincenzo (1st)
Bronwyn Kenyon & Luna (2nd)
Luka Ruwette & Hugo (3rd)
Term Three results … continued

ADVANCED TO TRANSITION (continued)

Tom Kenchington & Louis
Chris Lathbury & Louie (1st)
Maureen Cummuskey & Fergus (2nd)
Sally Nott & Murphy (3rd)
Jenny Brooks & Jaffa
Song Chen & Hugo
Tony Vane & Patchy
Desley Sharpe & Dudley
Ian Beckingham & Zoe (1st)
Martin Corujo & Arlo (= 2nd)
Cheyne Fischer & Millie (= 2nd)
Tony Frazer & Sullivan (3rd)
Mike Dukic & Louie
Jo McKenzie & Gatsby
Andre Moore & Fergus (1st)

TRANSITION TO PRIMARY COMPANION

Nicolene Gradidge & Jasmine (1st)
Margaret Prescott & Coco (2nd)
Nicolene Gradidge & Norma (1st)
Steven Dempsey & Tara (2nd)
Gillian Worrall & Poppy (1st)

PRIMARY COMPANION TO SECONDARY COMPANION

Mara Herba & Kora (1st)
Craig Pennifold & Archie (=2nd)
Sandra Beaton & Peggy (=2nd)

SECONDARY COMPANION

Chris Lathbury & Daisy (1st)
Kathleen Plowman & Nellie (2nd)

(No medallions presented)
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<thead>
<tr>
<th>COLLARS</th>
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<tbody>
<tr>
<td>Gentle (Regular) Collar (Black Dog)</td>
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<tr>
<td>Mini</td>
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<tr>
<td>[As above] 47-70</td>
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<tr>
<td>Gentle (Super) Collar (Black Dog) 25-35</td>
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<tr>
<td>[As above] 35-55</td>
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<tr>
<td>Generic Collars - Assorted sizes</td>
<td>$4.00</td>
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<tr>
<td>Standard Collars (All sizes)</td>
<td>$18.00</td>
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</tr>
<tr>
<td>Whippet Collar</td>
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<table>
<thead>
<tr>
<th>LEADS</th>
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<tbody>
<tr>
<td>Double Lead (Black Dog) 20/25mm</td>
<td>$32.50</td>
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<tr>
<td>Long Line - 4.8 metres (Black Dog) 12/20mm</td>
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<tr>
<td>Double Ended Leads (Generic)</td>
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</tr>
<tr>
<td>Generic Long Lead</td>
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</tr>
<tr>
<td>Show Lead</td>
<td>$16.00</td>
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</tr>
<tr>
<td>Smart Lead (Mini - 30mm)</td>
<td>$21.00</td>
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</tr>
<tr>
<td>Smart Lead (Small - 20mm)</td>
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<tr>
<td>Smart Lead (1.5 metre - 25mm)</td>
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<tr>
<td>Single Lead (1.8 metre x 20/25mm)</td>
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<tr>
<td>Single Lead (1.8 metre x 20/25mm)</td>
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<tr>
<td>Rally-O Lead (2 metres)</td>
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<td>Tracking Lead (11 metres)</td>
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<th>CLICKERS AND TARGET STICKS</th>
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<tr>
<td>Target Stick</td>
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<tr>
<td>Clicker (I-clicker - no wrist strap)</td>
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<tr>
<td>Small Clickers (no wrist strap)</td>
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<td>Wrist strap for clickers</td>
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<tr>
<td>Kramar Small/Medium</td>
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<tr>
<td>Ezlift 0/1/2/4/5</td>
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<th>BAGS</th>
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<tr>
<td>Messenger Bag (Black Dog)</td>
<td>$50.00</td>
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<table>
<thead>
<tr>
<th>HALTERS (custom-fitted)</th>
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<tbody>
<tr>
<td>Training Halter (Black Dog) - All sizes</td>
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<tr>
<td>Sporn Halter Small</td>
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<tr>
<td>X-Large</td>
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<tr>
<td>Connector Strap</td>
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<th>FREEDOM NO-PULL HARNESS (custom-fitted)</th>
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<tbody>
<tr>
<td>Large</td>
<td>$47.00</td>
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<tr>
<td>X-Large</td>
<td>$50.00</td>
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<tr>
<td>SENSE-ation HARNESS (custom-fitted)</td>
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<tr>
<td>Mini/Extra Small</td>
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<td>Small</td>
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<tr>
<td>Medium</td>
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<tr>
<td>Medium/Large 3/4&quot;</td>
<td>$43.00</td>
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<tr>
<td>Medium/Large 1&quot;</td>
<td>$44.00</td>
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<tr>
<td>Large 3/4&quot;</td>
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<tr>
<td>Large 1&quot;</td>
<td>$46.00</td>
<td></td>
</tr>
<tr>
<td>X-Large 1&quot;</td>
<td>$47.00</td>
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<td>Harnesses (Black Dog) - All sizes</td>
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<tr>
<td>Car Seat Belt Straps (Black Dog)</td>
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<td>Dog Toys (assorted)</td>
<td>$3.00</td>
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<tr>
<td>Tennis Ball Thrower Large</td>
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<tr>
<td>Tennis Balls each</td>
<td>$1.00</td>
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<tr>
<td>Hi Bounce Balls</td>
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<thead>
<tr>
<th>KONGS</th>
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<tbody>
<tr>
<td>Classic (S, M, L)</td>
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<tr>
<td>Senior (S, M, L)</td>
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<tr>
<td>Extreme (S, M, L, XL)</td>
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<tr>
<th>SCENT ARTICLES (FOR UD WORK)</th>
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</thead>
<tbody>
<tr>
<td>Scent articles - leather, wood, metal</td>
<td>$16.00</td>
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<table>
<thead>
<tr>
<th>DUMBELLS (custom-fitted)</th>
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<tbody>
<tr>
<td>Small (DS01)</td>
<td>$13.00</td>
<td></td>
</tr>
<tr>
<td>Medium (DS03)</td>
<td>$15.00</td>
<td></td>
</tr>
<tr>
<td>Large (DS05)</td>
<td>$17.50</td>
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</tr>
<tr>
<td>Extra Large (DS07)</td>
<td>$22.00</td>
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<tr>
<th>FLYBALL HARNESS/COLLARS</th>
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<tbody>
<tr>
<td>Flyball Harness (Black Dog)</td>
<td>$23.75</td>
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<tr>
<td>Flyball / Agility Collar (Black Dog)</td>
<td>$25.00</td>
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<tr>
<td>Flyball Collar (Generic)</td>
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<tr>
<th>MISCELLANEOUS</th>
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<tr>
<td>CDC Metal Badges</td>
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<tr>
<td>CDC Club Stickers</td>
<td>$0.75</td>
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<tr>
<td>ANKC Trial Rule Books (Agility, Relay-O, Obedience and DWD)</td>
<td>$5.50</td>
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<tr>
<td>ANKC Trial/Show Entry - Book</td>
<td>$8.00</td>
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<tr>
<td>ANKC Trial/Show Entry - Single</td>
<td>$6.20</td>
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</tr>
<tr>
<td>Poo Bags (Black roll)</td>
<td>$18.00</td>
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</tr>
<tr>
<td>Poo Bags (Black roll) - end of roll</td>
<td>$3.00</td>
<td></td>
</tr>
<tr>
<td>Poo Bags (Green)</td>
<td>$1.50</td>
<td></td>
</tr>
<tr>
<td>Pooch Pouch</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Show Arm Band</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Show Arm Pocket</td>
<td>$8.00</td>
<td></td>
</tr>
<tr>
<td>Aerogard (Pump Pack)</td>
<td>$8.50</td>
<td></td>
</tr>
<tr>
<td>Pet Water Drink Bottle</td>
<td>$10.00</td>
<td></td>
</tr>
<tr>
<td>Dog Treat Gift Pack</td>
<td>$10.00</td>
<td></td>
</tr>
<tr>
<td>Dr Harry's Spoon and Lid</td>
<td>$4.00</td>
<td></td>
</tr>
</tbody>
</table>
News from the Paws Shoppe
By Katrina Morton — Shop Manager

NOW IN STOCK
Classic Kongs, Extreme Kongs, Senior Kongs and Puppy Kongs - All sizes -

Make sure you always bring a stuffed Kong along to your Foundation, Consolidation and Graduation classes to help settle your dog.

Forage Mats - Specially for puppies - sprinkle some dry kibble in a mat and watch them use all their senses to find the food. Great physical and mental exercise just $25.00. For the Flyball enthusiast - or just for fun - the PAWS Shoppe has a new-style 90cm Tug Toy for $15.00. The Forage Mats and Tug Toys are locally made so please ask at the shop if you would like one made in your favourite colours.

The shop’s stock list of training aids (including food rewards) is on page 38.

We have a range of Black Dog training collars, halters, flyball harnesses and leads in stock. You are welcome to come along and have a look at any of the training equipment when the shop is open, and to have it custom-fitted for your dog. It is particularly important to ensure that any training harness is fitted by one of our instructors to ensure that the size and style is right for your dog. We recommend a Connector Strap which provides backup security for Training Halters and Car Harnesses. Connected from a D-Ring on the harness or halter back to the dog’s collar it helps prevent Houdini dogs from attempting to escape from their safety equipment.

A useful item available for those who have reactive dogs is the ‘Give Me Space’ yellow vest. Vests are available in three sizes – small $17.50 and Medium and Large $21.00. Please see your instructor or session manager for further information about the Yellow Dog project.

We have in stock the new style Black Dog Treat Pouch that comes with its own belt, which has a wide opening with a magnetic close and an internal pocket.

We also stock two different styles of Puppington Treat Pouches that are of good quality and sell at $20.00 or $25.00 depending on the style.

Food rewards are one of the most important aids you can use to train your dog. It is essential to choose treats that your dog really likes. The Club shop sells a variety of oven-dried News from the Paws Shoppe
By Katrina Morton — Shop Manager

NOW IN STOCK
Classic Kongs, Extreme Kongs, Senior Kongs and Puppy Kongs - All sizes -

Make sure you always bring a stuffed Kong along to your Foundation, Consolidation and Graduation classes to help settle your dog.

Forage Mats - Specially for puppies - sprinkle some dry kibble in a mat and watch them use all their senses to find the food. Great physical and mental exercise just $25.00. For the Flyball enthusiast - or just for fun - the PAWS Shoppe has a new-style 90cm Tug Toy for $15.00. The Forage Mats and Tug Toys are locally made so please ask at the shop if you would like one made in your favourite colours.

The shop’s stock list of training aids (including food rewards) is on page 38.

We have a range of Black Dog training collars, halters, flyball harnesses and leads in stock. You are welcome to come along and have a look at any of the training equipment when the shop is open, and to have it custom-fitted for your dog. It is particularly important to ensure that any training harness is fitted by one of our instructors to ensure that the size and style is right for your dog. We recommend a Connector Strap which provides backup security for Training Halters and Car Harnesses. Connected from a D-Ring on the harness or halter back to the dog’s collar it helps prevent Houdini dogs from attempting to escape from their safety equipment.

A useful item available for those who have reactive dogs is the ‘Give Me Space’ yellow vest. Vests are available in three sizes – small $17.50 and Medium and Large $21.00. Please see your instructor or session manager for further information about the Yellow Dog project.

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Food rewards are one of the most important aids you can use to train your dog. It is essential to choose treats that your dog really likes. The Club shop sells a variety of oven-dried
News from the Paws Shoppe … continued

Treats including Beef Liver Treats in 150gram and 500 gram bags, Beef and Chicken Meat Balls in 250 gram bags, Sweet Potato Strips in 120gram bags, Pigs Ears (individually and in bags of 10) and Pigs Ear Strips in bags of 12 (suitable for smaller dogs and puppies as a chew treat). If you forget to bring your treats to class the shop can provide frozen fresh meat and cheese which we will defrost in the microwave ready for use. We also have a range of 1 kilo bags of Dog Biscuits, which are proving very popular.

Use the treats to reward the behaviour that you want – and provide a variety to keep your dog guessing. And if you want to make your own treats have a look at Tipsy’s Famous Recipe Corner in previous issues of the magazine (available on our website at www.actcdc.org.au/the-good-companion.html).

Of course we have lots of refreshments for two-legged members as well - barista coffee, milk shakes, hot chocolate, homemade cake, toasted sandwiches, pies, pasties, sausage rolls and much more. We strive to keep our prices below retail prices and any proceeds go towards the maintenance of the Club. Come into the Clubhouse and see Katrina and Connor for friendly service!

---

Now in stock

FREEDOM NO-PULL HARNESSES

Need more control than a Sense-ible or Sense-ation Harness offers?

We now have combined back and front-attach Freedom No-Pull Harnesses in Large and X-Large sizes that may suit your needs.

These fit dogs with a chest size of 26-32” or 30-38” respectively.

Yes, you will still need to train your dog to walk nicely on lead … but this equipment will help give you peace –of-mind while you do.
### Class Times

<table>
<thead>
<tr>
<th>BEHAVIOUR TRAINING</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Sunday</th>
<th>Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation (Puppy)</td>
<td>10:00-11.00am</td>
<td>6.45-7.45pm</td>
<td>9:30-10.30am</td>
<td>Assessed in class</td>
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<tr>
<td>Foundation (Adult)</td>
<td>10:00-11.00am</td>
<td>6.45-7.45pm</td>
<td>9:30-10.30am</td>
<td>Assessed in class</td>
</tr>
<tr>
<td>Consolidation</td>
<td>10:00-11.00am</td>
<td>8.00-9.00pm</td>
<td>10:45-11.45am</td>
<td>Assessed in class</td>
</tr>
<tr>
<td>Graduation</td>
<td>10:00-11.00am</td>
<td>8.00-9.00pm</td>
<td>10:45-11.45am</td>
<td>Assessed in class</td>
</tr>
<tr>
<td>Transition</td>
<td>10:00-11.00am</td>
<td>8.00-9.00pm</td>
<td>10:45-11.45am</td>
<td>Assessed in class</td>
</tr>
<tr>
<td>Primary Companion</td>
<td>10:00-11.00am</td>
<td>-</td>
<td>10:45-11.45am</td>
<td>Assessed in class</td>
</tr>
<tr>
<td>Secondary Companion</td>
<td>10:00-11.00am</td>
<td>-</td>
<td>10:45-11.45am</td>
<td>Assessed in class</td>
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<thead>
<tr>
<th>OBEDIENCE TRIALLING</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Sunday</th>
<th>Assessment</th>
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</thead>
<tbody>
<tr>
<td>Obedience Skills</td>
<td>10.00-11.00am</td>
<td>8.00-9.00pm</td>
<td>-</td>
<td>N/A</td>
</tr>
<tr>
<td>Trialling Class</td>
<td>11:15am-12.15pm</td>
<td>8.00-9.00pm</td>
<td>-</td>
<td>N/A</td>
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<thead>
<tr>
<th>RALLY OBEDIENCE</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Sunday</th>
<th>Assessment</th>
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</thead>
<tbody>
<tr>
<td>All levels</td>
<td>10.00-11.00am</td>
<td>6.45-7.45pm</td>
<td>-</td>
<td>N/A</td>
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<thead>
<tr>
<th>AGILITY</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Assessment</th>
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</thead>
<tbody>
<tr>
<td>Level One</td>
<td>Please contact office for Session 1 (2018) training times</td>
<td>-</td>
<td>Assessed in class</td>
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<tr>
<td>Level Two</td>
<td>Please contact office for Session 1 (2018) training times</td>
<td>-</td>
<td>Assessed in class</td>
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<tr>
<td>Level Three</td>
<td>Please contact office for Session 1 (2018) training times</td>
<td>-</td>
<td>Assessed in class</td>
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<tr>
<td>Level Four</td>
<td>Please contact office for Session 1 (2018) training times</td>
<td>-</td>
<td>Assessed in class</td>
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<tr>
<td>Novice</td>
<td>Please contact office for Session 1 (2018) training times</td>
<td>6.45-8.15pm</td>
<td>Trial performance</td>
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<tr>
<td>Excellent/Masters</td>
<td>-</td>
<td>6.45-8.15pm</td>
<td>-</td>
<td>Trial performance</td>
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Agility classes are held in the Trial Rings (1-5)

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<thead>
<tr>
<th>FLYBALL</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Sunday</th>
<th>Assessment</th>
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<tbody>
<tr>
<td>Beginners</td>
<td>-</td>
<td>6.30-7.30pm</td>
<td>-</td>
<td>Assessed in class</td>
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<tr>
<td>Intermediate</td>
<td>-</td>
<td>7.30-8.30pm</td>
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<td>Assessed in class</td>
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<tr>
<td>Advanced</td>
<td>6.45-8.45pm</td>
<td>-</td>
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<td>Assessed in class</td>
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<tr>
<td>Individual and Competition Preparation</td>
<td>-</td>
<td>-</td>
<td>3.00-5.00pm</td>
<td>N/A</td>
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</table>

Flyball classes are held in the Flyball and Narrabundah Paddocks

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<thead>
<tr>
<th>DANCES WITH DOGS</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>All levels</td>
<td>7.00-8.30pm</td>
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</tbody>
</table>

DWD classes are held in the Main Pavilion at Queanbeyan Showground, not at CDC grounds

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<thead>
<tr>
<th>K9 DISC</th>
<th>Sunday</th>
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<tbody>
<tr>
<td>Held in the Narrabundah Paddock</td>
<td>12.15-1.30pm</td>
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</table>
BASIC BEHAVIOUR TRAINING

The Club offers training classes for all breeds and ages of dogs to learn how to behave appropriately. These classes will help you understand how your dog learns and will teach you how to train your dog to be a good companion. The focus is on teaching practical life skills such as learning to relax, walking on lead without pulling; to come when called; to sit and lie down on cue; to wait politely at doors and gates; to calmly meet people; and to socialize appropriately with dogs and people.

The Club applies scientific principles of positive reinforcement in its classes. That means that you show your dog what behaviour you want it to produce and you reward it for doing so. The dog soon learns that if it repeats the behaviour it will be rewarded and so the learning cycle begins.

Dogs may attend classes from three months of age, provided they have been fully immunized.

You will need to ring up to book your dog in (see Office contact details on page 8). You should do this several weeks in advance of your desired entry date to ensure that you will get a place. Dates for the next course can be found in the Calendar (see page 43).

DOGS-AS-THERAPY

Members and their dogs visit nursing homes to provide pet therapy for the residents. If you have a dog that is people and dog friendly and isn’t fazed by noise and movement this activity might be for you.

COMPETITIVE DOG SPORTS AT THE CLUB

Obedience Trialling – Obedience Trials (competitions) aim to demonstrate a high degree of handler-dog team work and precision over a range of exercises at different levels of skill. Exercises include heelwork, retrieving, scent work, directions from a distance and stays. Dogs must have passed the Graduation or Transition levels of basic training at the Club to be admitted to the entry-level trialling class.

Rally Obedience – Rally-O is an obedience competition that requires the handler and dog team to negotiate a course in the heel position and to perform various manoeuvres such as sits, downs, stands, stays and various turns. Handlers are able to praise their dog while it is working. Currently dogs must have passed the Advanced or Graduation level of basic training to participate in Rally-O classes.

Agility – This is a dog sport where you teach your dog to negotiate different obstacles such as jumps, tunnels, see-saws, A-frames, dog walks and weave poles. Once you have gained some basic skills, the challenge is to learn how to ‘steer’ your dog from one obstacle to another on a course, and the courses change each time so that you and your dog are constantly being challenged to improve your skills.

Dogs must be:
- at least 14 months old to ensure the dog’s skeletal and musculature system is strong enough;
- physically sound and not overweight; and
- under control off-lead around other dogs and activities (however no minimum basic training level is required).

Flyball – In this sport dogs clear four hurdles, release a ball from a ‘box’, and return to their handler over the hurdles. It is a fast and furious team sport that ball-mad dogs really enjoy.

Dogs must be:
- at least 12 months old to ensure the dog’s skeletal and musculature system is strong enough;
- physically sound and not overweight; and
- under control off-lead around other dogs and activities (however no minimum basic training level is required).

Dances with Dogs – In this dog sport handlers take obedience skills to a new level by performing routines to music with their dogs. All you need to get involved is a love of music, the desire to have a great time with your dog and a commitment to rewards-based training. DWD is suitable for handlers of all ages and dogs of all breeds, sizes and ages.

Tracking – This most natural of dog sports involves the dog following a scent trail left behind when a person walks across grass and other surfaces. Tracking is only conducted during the cooler months due to the risk of snakes. The Club provides an information session in autumn and organizes ‘peer-support’ training to help members get started.

For more information on any of these activities refer to the relevant contacts on page 8 or leave your name at the Club Office. Costs may apply.
<table>
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<tr>
<th>DECEMBER</th>
<th>Jan 9</th>
<th>Jan 10*</th>
<th>Jan 11</th>
<th>Jan 12*</th>
<th>Jan 13</th>
<th>Jan 14*</th>
<th>Jan 15*</th>
<th>Jan 16*</th>
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<th>Jan 19</th>
<th>Jan 20</th>
<th>Jan 21</th>
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<tbody>
<tr>
<td>Tues 5</td>
<td>CDC Gamblers Trial (evening)</td>
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<td>Wed 6</td>
<td>CDC Term 4 Obedience Training classes end (week 9)</td>
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<td>Thurs 7</td>
<td>CDC Term 4 Obedience Training classes end (week 9)</td>
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<tr>
<td>Sun 10</td>
<td>CDC Term 4 Obedience Training classes end (week 9) including CHRISTMAS PARTY and ANNUAL AWARDS</td>
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<tr>
<td>Sat 16</td>
<td>ACT school holidays start</td>
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HOLIDAY BREAK—SEE YOU IN THE NEW YEAR

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<thead>
<tr>
<th>JANUARY</th>
<th>Jan 9</th>
<th>Jan 10</th>
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<tr>
<td>Tues 9</td>
<td>Office re-opens</td>
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<tr>
<td>Fri 12</td>
<td>Clubhouse and grounds closed - spraying</td>
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<tr>
<td>Sat 13</td>
<td>Clubhouse and grounds closed - spraying follow-up</td>
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<tr>
<td>Sat 20</td>
<td>CDC Double Rally-O trial (from mid-afternoon)</td>
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<td>Fri 26</td>
<td>Australia Day Public Holiday</td>
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<tr>
<td>Tues 30</td>
<td>Committee meeting – Clubhouse</td>
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<th>FEBRUARY</th>
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<th>Feb 4</th>
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<th>Feb 7</th>
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<th>Feb 9</th>
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<th>Feb 14*</th>
<th>Feb 15*</th>
<th>Feb 16*</th>
<th>Feb 17*</th>
<th>Feb 18*</th>
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<tbody>
<tr>
<td>Sat 3</td>
<td>CDC Agility Trial (evening)</td>
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<tr>
<td>Mon 5</td>
<td>ACT School Term 1 starts / TRAINING RECOMMENCES</td>
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<tr>
<td>Wed 7</td>
<td>CDC Term 1 Behaviour Training classes start</td>
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<tr>
<td>Thu 8</td>
<td>CDC Term 1 Behaviour Training classes start</td>
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<tr>
<td>Sat 10*</td>
<td>Bega Valley Kennel &amp; Obedience Club Obedience Trial, Bermagui</td>
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<tr>
<td>Sun 11</td>
<td>CDC Term 1 Behaviour Training classes start / Bega Valley Kennel &amp; Obedience Club Obedience Trial, Bermagui</td>
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<tr>
<td>Mon 12*</td>
<td>Bega Valley Kennel &amp; Obedience Club Obedience Trial, Bermagui</td>
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<tr>
<td>Wed 14*</td>
<td>Bega Valley Kennel &amp; Obedience Club Rally-O Trial, Bermagui / Sapphire Coast Kennel &amp; Obedience Club Rally-O Trial, Bermagui</td>
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<tr>
<td>Fri 16*</td>
<td>Sapphire Coast Kennel &amp; Obedience Club Obedience Trial, Bermagui</td>
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<tr>
<td>Sat 17*</td>
<td>Sapphire Coast Kennel &amp; Obedience Club Obedience Trial, Bermagui</td>
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<tr>
<td>Sun 18*</td>
<td>Sapphire Coast Kennel &amp; Obedience Club Obedience Trial, Bermagui</td>
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<tr>
<td>Thurs 22*</td>
<td>Tuggeranong Dog Training Club Agility Trial (evening)</td>
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<tr>
<td>Fri 23*</td>
<td>Royal Canberra Show at EPIC</td>
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<tr>
<td>Sat 24*</td>
<td>Royal Canberra Show at EPIC</td>
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<tr>
<td>Sun 25*</td>
<td>Royal Canberra Show at EPIC</td>
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<td>Tues 27</td>
<td>Committee meeting – Clubhouse</td>
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<tr>
<td>Tues 6</td>
<td>CDC Jumping Trial (evening)</td>
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<td>Sat 10</td>
<td>CDC Double Rally-O trial (from mid-afternoon)</td>
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<td>Mon 12</td>
<td>Canberra Day Public Holiday</td>
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<td>Fri 16</td>
<td>CDC Obedience Trial (evening)</td>
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<td>Sat 17*</td>
<td>Belconnen Dog Obedience Club Agility Trial</td>
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<td>Sat 24*</td>
<td>Connect and Participate (CAP) Expo at Old Bus Depot Markets, Kingston / Albury and Border Kennel Club Agility and Obedience Trial</td>
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<td>Sun 25*</td>
<td>Albury and Border Kennel Club Agility and Obedience Trial</td>
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<td>Wed 28</td>
<td>No training classes - Easter</td>
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<td>Thurs 29</td>
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<td>Fri 30</td>
<td>Good Friday</td>
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<td>Sat 31</td>
<td>Easter Saturday / CDC 60th Anniversary Agility Trial</td>
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<tr>
<td>Sun 1</td>
<td>Easter Sunday / No training classes / CDC Agility Trial / Daylight saving ends</td>
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<td>Mon 2</td>
<td>Easter Monday</td>
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* Not held on CDC grounds
## Off-lead exercise at our Club

Always read and follow the Club’s rules for using the off-lead areas. Read the gate signs and the poster on the Club’s outside noticeboards. You MUST follow the directions of Club officials when asked.

### Key
- Sheds
- Off-lead Exercise at any time
- Off-lead Exercise when not being used for Classes
- No Off-lead Exercise
- Paving

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<thead>
<tr>
<th>Field</th>
<th>Illustration</th>
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<tbody>
<tr>
<td>Back Paddock</td>
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<td>Long Paddock</td>
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<td>Bore Paddock</td>
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<td>Obedience Ring</td>
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<td>Agility Ring</td>
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<td>Gazebo</td>
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<td>Car Park</td>
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<td>Narrabundah Paddock</td>
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<td>Narrabundah Lane</td>
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- Read the gate signs.
- Play safe - use common sense in the off-lead areas.
- Always ask and gain permission from everyone before going into an area that is already occupied.
- Enter on lead and remove the lead while your dog is sitting.
- Move well away from the gate to avoid crowding.
- Keep moving to minimise tension and scuffles between dogs.
- Stay alert and keep an eye on your dog.
- Always reward your dog for coming to you.
- Avoid using balls and other toys if the area is crowded or dogs become excited.
- Leave immediately if your dog becomes anxious, or is annoying or aggressive towards other dogs.
- Limit your time to 15 minutes if other members are waiting to use the area.
- Always clean up after your dog.

**NOTE:** The Narrabundah and Flyball Paddocks are not available for off-lead use 30 minutes before or after training classes.